

OTHER SUPPORT

We offer meals to families that attend workshops. On an as-needed basis, we provide bus tokens or gas cards to participants.

FAMILY OUTINGS

We invite families that attend services regularly to special gatherings. In the past, families have enjoyed outings at:

- Catalina Island
- Cupa Days cultural event at Pala Reservation
- San Diego Zoo



CELEBRATING FAMILIES

We invite couples and families who complete their services to a family celebration event.

- Extended family and friends are welcome
- Families receive awards
- Families have their photos taken

For more information:

Donald Salcedo, SAIF Counselor
United American Indian Involvement, Inc.
1125 W. 6th Street
Suite 103
Los Angeles, CA 90017
(213) 202-3970
www.uaii.org



L-R:
Jeremy Billy, Donald Salcedo,
Chris Kamatani, Levera Zilth
and Cindy Jong

Artwork/Design by
Harold Freeland, Dine'



United American Indian Involvement, Inc.
Strengthening American Indian Families
Attn: Donald Salcedo
1125 West 6th Street, Suite 103
Los Angeles, CA 90017



United American Indian Involvement, Inc.



The SAIF PROJECT



Building Healthy Relationships



Funded by
Administration for Native Americans



GOAL

The goal of the SAIF Project is to improve the well-being of American Indian/Alaska Native (AI/AN) families and youth.

To meet this goal, we:

- Provide healthy relationship education
- Develop role models and mentors for healthy relationships



WHO CAN JOIN

- American Indians and Alaska Natives (AI/AN)
- Family members who take care of AI/AN youth
- Mothers and Fathers
- Married, Coupled, Single, Separated, Divorced, Widowed
- Custodial and Non-Custodial Parents
- Foster Parents
- Adoptive Parents
- Grandparents
- Future Parents
- Two-Spirited / LGBT
- Children and Youth

SERVICES

Educational workshops for:

- Couples and families
- Children and youth
- Fathers and mothers
- Individual and couples assessment and therapy
- Parenting classes
- Support group for fathers
- Family activities
- Mentoring



WORKSHOP TOPICS

To build healthy relationships, these main topics are covered:

- Communication
- Conflict resolution
- Gender differences
- Couples relationships
- Greater sex
- Balancing priorities
- American Indian values
- Multi-generational trauma

Based on the community's needs, these special topics may be covered:

- Domestic violence
- Healthy eating
- Money management
- Earthquake preparedness/Safety in the home

SUPPORT FOR FATHERS

We recognize that fathers are just as important as mothers when it comes to raising healthy children. To encourage responsible fatherhood, we will offer services such as:

- Fatherhood education
- Support group
- Mentoring
- Special events for fathers

PARTICIPANT COMMITMENT

We encourage participants to attend services regularly.

- Therapy: Weekly
- Parenting classes: Weekly
- Workshops: To be determined
- Support group: To be determined

MENTORING

Participants in the SAIF Project may be invited to serve as mentors for other families. Mentors assist the SAIF Project as volunteers.

