

## SEVEN GENERATIONS CHILD AND FAMILY COUNSELING SERVICES SYSTEM OF CARE

TEL: (213) 241-0979 ♦ FAX: (213) 241-0925

The Seven Generations Child and Family Counseling Services were developed to meet the growing mental health needs of American Indian children and their families in Los Angeles County.

### Behavioral Health Services

Seven Generations serves a unique function in helping the Los Angeles American Indian children and their families to build on strengths for promoting harmony and healing by providing cultural, spiritual, comprehensive, and accessible community services with inter-tribal respect.

### The program provides an array of services including:

- Individual, family and group therapy and parent education classes
- Child and Adult mental health services
- Crisis intervention
- Access to medication support
- Case management services
- Referral/access to services outside of UAII as needed
- Traditional Services

### DMH - INNOVATIONS

Funding from DMH to intergrate care that will include mental health and substance abuse services along with physical health and other supports. The service is grounded in community based, and culturally focused systems. Services are provided to children and adults.

### NATIVE PATHWAYS TO HEALING

This program provides services for American Indians who have been victims of child abuse as well as children and who have been victims of domestic violence and/or sexual assault and is funded through the Office of Emergency Services.

#### *Domestic Violence/Sexual Assault (DV/SA)*

- Community Outreach & Training
- Individual Counseling/Support Groups
- Emergency Transportation
- Advocacy and Linkage Services

#### *Child Abuse Treatment Program (CHAT)*

- Culturally Centered Therapy/Case Management

### Family Preservation

Available to families who are referred from the Department of Child and Family Services or the Probation Department.

- Case Referral and Assistance
- Emergency Response Family Preservation Services
- Voluntary Family Maintenance
- Supplemental Services such as Counseling, Child Focused Activities, and Transportation
- Linkage Services such as Childcare, Employment, Housing, and Healthcare

### Prevention and Aftercare

- Emergency Basic Support Services
- Parent-Child and/or Family Centered Cultural Activities
- Health, Parenting and/or Educational programs
- Case Management Services/Linkage Services
- Traditional Activities

### CAPIT

- Child Abuse Prevention and Treatment



### FAMILY EMERGENCY PREPAREDNESS PROGRAM

TEL: (213) 202-3970 EXT. 7185

This program is designed to provide American Indian families with information and guidance to be better prepared for an emergency at home. This program can provide reference guides and booklets regarding fire/home evacuation plans, how to assemble emergency kits, and identify other



### UAII PROGRAMS ARE FUNDED BY THE FOLLOWING:

Department of Health & Human Services - Indian Health Services; Center for Disease Control; SAMSHA; DMH-Innovations; Suicide Prevention/State of California - Dept of Alcohol & Drug Program; Office of Emergency Services - Domestic Violence; American Indian Child Abuse Treatment/County of Los Angeles - Department of Mental Health; Department of Children and Family Services; Dept of Health Services; Community Senior Services - CSAIBG; Dept of Public Social Services - CSBG; Office of Alcohol Programs; City of Los Angeles - Community Development Department/ Private Organization & Industry - California Rural Indian Health Board - CCG, TEPTS

Private Donations - Bernard & Mary Johnson Family Foundation and various others

## UNITED AMERICAN INDIAN INVOLVEMENT

*Serving the American Indian Community since 1974*

### Service Departments of UAII Include:

The Los Angeles American Indian Health Project

The Robert Sundance Family Wellness Center

American Indian Clubhouse

Central High School-UAII Branch

Seven Generations Child and Family Counseling Services

DMH - Innovations

Native Pathways to Healing



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## THE LOS ANGELES AMERICAN INDIAN HEALTH PROJECT

TEL: (213) 202-3970 • FAX: (213) 202-3977

The Health Project was designed and implemented in 1996 to enhance the health and well being of the American Indian community in Metropolitan Los Angeles. The Health Project provides public health services and access to free & low cost quality health care. The primary program services are comprehensive case-management, public health nursing, providing access to health services and prevention education.

### The scope of public health nursing services includes:

- Health screening and risk assessments by a Public Health Nurse
- Education and prevention programs for hypertension, diabetes, obesity and HIV Prevention.
- Screening and access for child immunizations, tuberculosis screening and flu shots for adults/high risk clients.

### Access to Primary Care and Specialty Care:

- The Health Project has established agreements with various community clinics and providers for medical, dental and specialty care. The Case Management staff works with each client to determine their needs and the most appropriate location for services.

### Culturally Sensitive services for the American Indian Community

- American Indian case managers who serve as liaisons between the patients and the physicians. The case managers advocate for and address cultural issues.

### Health Education/Service Programs

- Women and Children's Health
- General Nutrition and Weight Loss
- Benefits Enrollment Assistance
- Child Safety and Injury Prevention
- HIV Prevention Education, testing and referrals
- Health Services for Senior/Elders
- Health Promotion and Disease Prevention for Diabetes, Diabetes Management, Hypertension, Cardiovascular Disease, Immunizations
- Los Angeles American Indian Clinic provides primary health care by appointment or walk-in

\* *Must be a member of a Federally Recognized Tribe, State recognized with documents.*

### Primary Care Clinic Services

- The clinic provides general health care services, diagnosis and treatment of uncomplicated diseases with no apparent serious, life-threatening conditions
- Services include: Physicals, Immunizations Management of medications, treatment for infections(i.e. respiratory & skin), STD/STI screening, Lab screening (i.e. glucose, cholesterol, etc.)
- Women's Health Services include pap smears and follow-up, pregnancy testing, breast exams, and contraception prescriptions

\*Ask for eligibility for services. Check out our Facebook page.



## ROBERT SUNDANCE FAMILY WELLNESS CENTER

TEL: (213) 202-3970 • FAX: (213) 975-9255

**Our Vision:** The Robert Sundance Family Wellness Center will strive to empower American Indians and Alaska Natives by utilizing culturally competent, innovative best practices responsive to the changing needs of the community.

**Our Mission:** To provide quality, culturally appropriate substance abuse, mental health, and social services to American Indians and Alaska Natives in Los Angeles County with dignity and respect.

### Services Include:

#### Substance Abuse/Mental Health

- Outpatient substance abuse counseling
- Outpatient mental health counseling - Individual/Couples
- Support and Self-help groups
- Case Management - community referrals
- Access to residential treatment, medical detox and sober living
- Cultural and spiritual activities - traditional healing practices
- Aftercare
- Workforce development - vocational rehabilitation - employment services
- Referrals for Youth Regional Treatment Centers
- Crisis Intervention
- Youth prevention and early intervention

\* *Must be a member of a Federally Recognized Tribe, State recognized with documents.*

### Social Support

- Services and activities for seniors / elders
- Food and nutrition program
- Emergency Shelter
- Transportation
- Emergency food baskets
- Information / referrals
- Community Service American Indian Block Grant Program
- CalWORKS Program



## AMERICAN INDIAN CLUBHOUSE

TEL: (213) 202-3970 EXT. 7193 • FAX: (213) 975-9545

### Clubhouse services for youth include:

- Tutoring and Educational Activities that provide practical application of Reading, Math and Science skills.
- Team Sports and Recreational Activities in conjunction with Nutrition Education.
- Teen Outdoor Adventure Club, Archery Club, Hiking/ Camping Activities
- Summer Camps for all ages, Winter excursions for all ages, and a Spring Retreat for teens
- Student Council – Leadership Development and Application at various community events.
- American Indian cultural activities and field trips
- Peer Workshops that develop Self-Esteem, Confidence, and Life Skills
- Arts and Crafts activities
- Prevention and Awareness activities that deal with substance abuse and teen pregnancy prevention

\* *Must be a member of a Federally Recognized Tribe, State recognized with documents.*

## CENTRAL HIGH SCHOOL - UAI BRANCH

TEL: (213) 202-3970 EXT. 7193 • FAX: (213) 213-0835

Central High School is a culturally sensitive educational program for American Indian high school youth who are in need of an alternative program to complete high school. The program provides coursework and academic testing required by LAUSD to earn a high school diploma. Regular hours of instruction are 8:00am to 12:30pm, Monday through Friday. To be considered for enrollment, students should be at least 16 years of age and may be older than 18 years of age. The school also provides placement assistance for students to attend after school and Saturday classes at nearby academic and career training institutions.

### Our program includes:

- Academic Counseling and Career Counseling
- Work Experience and Service Learning Opportunities
- Independent Study
- Cultural enrichment programs
- After-school educational and recreational activities
- Public Health Programming, taught by our Clinic Staff
- Substance Abuse Prevention Activities and Treatment referrals
- Counseling referrals and Mental Health Awareness Programming
- Tutoring Partnerships with UCLA and Cal State University Long Beach

- An Educational Options Program of the Los Angeles Unified School District -